

**Alpine FIS and USSA  
Equipment Rules 2009-10  
final**

Alpine FIS and USSA Equipment Rules 2009-10 final		World Cup, Continental Cups and World Junior Championships		FIS/ENL and USSA 15 yrs and older		FIS Children 2 international races 13-14 yr old	FIS Children 1 international races 11-12 yr old	USSA Junior 3 and younger 14 yrs and younger	Masters *
		Men	Women	Men	Women	Boys & Girls	Boys & Girls	Boys & Girls	Men & Women
Minimum Ski Length	DH	215 cm	210 cm	210 cm USSA may use SG skis	205 cm USSA may use SG skis	no rule		no rule	see note below
	SG	205 cm	200 cm	200 cm	195 cm	175 cm	no rule		
	GS	185 cm	180 cm	180 cm	175 cm	130 cm			
	SL	165 cm	155 cm	165 cm (155 cm for J2 men)	155 cm	130 cm			
Minimum Ski Radius	DH	45 m		45 m USSA may use SG skis		no rule		no rule	see note below
	SG	33 m		33 m		27 m	no rule		
	GS	27 m	23 m	21 m **	21 m **	17 m	14 m		
	SL	no rule		no rule		no rule			
Minimum Ski Waist Width (Profile)	DH	67 mm		60 mm **		no rule		no rule	see note below
	SG	65 mm		60 mm **					
	GS	65 mm		60 mm **					
	SL	63 mm		60 mm **					
Maximum Binding Stack Height		50 mm		50 mm		50 mm		50 mm	50 mm
<i>Measurement includes ski + plate + binding</i>									
Maximum Boot Height		43 mm		43 mm		43 mm		43 mm	45 mm
<i>Measurement from sole to top of foot bed</i>									

\* For FIS Masters Competitions, equipment rules are recommendations with the following exception: in SG races, the ski length may not be less than 185 cm for men and 180 cm for women (GS skis may be used for SG). For the FIS recommendations for ski length, ski radius and ski waist width see the current FIS Specifications for Competition Equipment.

\* USSA Masters rules conform to the FIS Masters equipment rules. USSA recommends that competitors in USSA Masters events compete on equipment designed for the particular discipline (DH, SL, GS, SG), but does not make any recommendations in regards to ski length.

\*\* Rules for minimum GS ski radius and all the minimum ski waist widths are specific to USSA. **FIS and ENL must meet the same requirements as World Cup, Continental Cup and World Junior Championships** as listed in the first set of columns for these specific rules.