

**Alpine FIS and USSA
Equipment Rules 2014-15
Final 7 July 2014**

OWG, WSC, WC, WJC, all COC including NAC		FIS/ENL		USSA U18 (16 years old) and older *		USSA U16 (15 and 14 years old)		USSA U14 (13 and 12 years old) **		Masters ***
Men	Women	Men	Women	Men	Women	Men	Women	Boys	Girls	Men & Women
218 cm	210 cm	213 cm	205 cm	210 cm may use SG skis	205 cm may use SG skis	may use SG skis		may use SG skis		see note below
210 cm	205 cm	205 cm	200 cm	200 cm	195 cm	180 cm	175 cm	> 180 cm	> 175 cm	
195 cm	188 cm	190 cm	183 cm	180 cm	175 cm	<= 195 cm		<= 190 cm		
165 cm	155 cm	165 cm	155 cm	165 cm (155 cm for U18 men)	155 cm	>= 130 cm		>= 130 cm		
50 m		50 m		45 m		may use SG skis		may use SG skis		see note below
45 m	40 m	45 m	40 m	33 m		23 m	23 m	23 m	21 m	
35 m	30 m	35 m	30 m	23 m	23 m	23 m	21 m	17 m		
no rule		no rule		no rule		not restricted		not restricted		
<= 65 mm		<= 65 mm		not restricted		not restricted		not restricted		see note below
>= 63 mm		>= 63 mm		>= 63 mm		>= 63 mm		not restricted		
50 mm		50 mm		50 mm		50 mm		50 mm		50 mm
43 mm		43 mm		43 mm		43 mm		43 mm		45 mm
ate + binding										
of foot bed										

* In USSA U18 (16 years old) and older racing, athletes may use equipment that conforms to either the rules as outlined for USSA racing or as outlined for FIS/ENL racing. Athletes are encouraged to use equipment that conforms to FIS/ENL to enhance their adaptation to those specifications.

** U12 and younger athletes should limit skis based upon the recommendations in the Course Setting matrix. U12 - 2 pairs (SL, GS), length skill/size appropriate. U10 - 1 pair (multi-event), length skill/size appropriate.

*** USSA Masters rules conform to the FIS Masters equipment rules. USSA recommends that competitors in USSA Masters events compete on equipment designed for the particular discipline (DH, SL, GS, SG), but does not make any recommendations in regards to ski length, radius or profile width.

*** For FIS Masters Competitions, equipment rules in regard to ski length (except SG), radius and profile width are recommendations. The minimum ski length for SG skis is compulsory for MAS races. No length, width or ski radius restriction for ladies above 55 and men above 65 years of age. The FIS recommendations for ski length, ski radius and profile width can be found in the current *FIS Specifications for Competition Equipment*.