2023 NJISRA Conference Composition (as of 1 Dec 2022)

(Source: John Fico

https://docs.google.com/spreadsheets/d/1X_PkRgn__X8NxdBjwHQT__KfoCdhIaoC5vXbEbBjjvQ

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Conference A	#	Conference B	#	Conference C	#
Bergen Catholic		Mt Lakes		West Milford	
Boys	13	Boys	4	Boys	4
NA		Girls	4	Girls	5
Mo Beard		Don Bosco		Delbarton	
Boys	16	Boys	28	Boys	22
Girls	6	NA		NA	
Jefferson		IHA		Bernards	
Boys	4	NA		Boys	7
Girls	4	Girls	14	Girls	9
Newton		Wayne Valley		Passaic Tech	
Boys	18	Boys	7	Boys	10
Girls	14	Girls	8	Girls	8
Conference D		Conference E		Conference F	
Dwight Engelwood		Wayne Hills		Sparta	
Boys	6	Boys	15	Boys	12
Girls	13	Girls	5	Girls	12
Vernon		Ridgewood		Blair	
Boys	6	Boys	11	Boys	10
Girls	11	Girls	8	Girls	12
Pingry		Tenafly		Ridge	
Boys	8	Boys	10	Boys	18
Girls	12	Girls	6	Girls	13
High Point		Pope John			
Boys	8	Boys	6		
Girls	3	Girls	2		
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