

NJISRA HS 2013 Race/Training Schedule (v1)



<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
January		1 Happy New Year	2 Training @ HVC & MP (9 am)	3 Training @ HVC & MP (9 am)	4 Training @ HVC & MP (9 am)	5 GS Festival Mt Peter (4 pm)
6 Alumni SL Race Mtn Creek (start tbd)	7 (GS training starts)	8 <i>Liberty GS#1</i> @HVC	9 Freedom GS #1 @HVC Independence GS #1 @MP	10	11	12
13	14	15 <i>Liberty GS#2</i> @HVC	16 Freedom GS #2 @HVC Independence GS #2 @MP	17	18 All-League GS Mt Peter (5 pm)	19
20	21 MLK (no training)	22 <i>Liberty GS#3</i> @HVC	23 Freedom GS #3 @HVC Independence GS #3 @MP	24 (SL training starts)	25 JV GS Invitational Mt Peter (5 pm)	26
27	28	29 <i>Liberty SL#1</i> @HVC	30 Freedom SL #1 @HVC Independence SL#1 @MP	31		
	League races start at 5pm unless otherwise specified by each League	HS Training: Wkdays 3:30-6:30pm	League gate training days: HVC: M, T, W, Th MP: M, T, Th			

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
February					1 All-League SL Mtn Creek (5 pm)	2
3	4	5 Liberty SL#2 @HVC	6 Freedom SL#2 @HVC Independence SL#2 @MP	7	8	9 Dual Slalom Mt Peter (10 am)
10	11	12 Liberty SL#3 @HVC	13 Freedom SL#3 @HVC Independence SL#3 @MP	14	15 JV Champs GS Mt Peter (4:30 pm)	16
17	18 Presidents Day (no training)	19 Training (State Teams only)	20 Steve Petro GS Mt Peter (4 pm)	21 Training (State Teams only)	22	23 States Team GS Mtn Creek (10 am)
24	25 States Team SL Mtn Creek (10 am)	26 (no training)	27 Training GS (ROC Only)	28 ROC GS HVC (5 pm)	<u>Mar 1</u> Training SL (ROC Only)	<u>Mar 2</u> ROC SL Mt Peter (10 am)
	Independence, Liberty & Freedom Races start at 5:00 pm unless otherwise specified by each League	HS Training: Wkdays 3:30-6:30pm	League gate training days: HVC: M, T, W, Th MP: M, T, Th			

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